CONTACT PRECAUTIONS
INSTRUCTIONS FOR VISITORS

Before Entering Room

1. **HAND HYGIENE**
   - Perform hand hygiene before putting on the gown and gloves
   - Wash hands with soap and water or use an alcohol-based hand rub

2. **PUT ON A GOWN**
   - Opening is in the back
   - Secure at neck and waist
   - If gown is too small, use two gowns
     - Gown #1 ties in front
     - Gown #2 ties in back

3. **PUT ON GLOVES**
   - Put on gloves last
   - Select correct type and size
   - Insert hands into gloves
   - Extend gloves over isolation gown cuffs

Before Leaving Room

1. **REMOVE ISOLATION GOWN**
   - Unfasten ties
   - Peel gown away from neck and shoulder
   - Turn contaminated outside toward the inside
   - Fold or roll into a bundle
   - Discard into blue hamper bag

2. **REMOVE GLOVES**
   - Grasp outside edge near wrist
   - Peel away from hand, turning glove inside-out
   - Hold in opposite gloved hand
   - Slide ungloved finger under the wrist of the remaining glove
   - Peel off from inside, creating a bag for both gloves
   - Discard in red trash bag in room

3. **HAND HYGIENE**
   - Perform hand hygiene immediately after removing gown and gloves
   - Wash hands with soap and water or use an alcohol-based hand rub