HAND HYGIENE—Key Prevention Measure to Prevent Spread

- Practice good hygiene often;
- Keep your hands clean by washing thoroughly with soap and water—especially important with C. difficile to remove spores;
- Keep cuts and abrasion clean and covered with proper dressing (e.g. transparent bandage) until healed.

ALCOHOL-BASED HAND RUB IS NOT EFFECTIVE AGAINST C. DIFFICILE

- Alcohol sanitizer does not kill spores;
- Hand washing is imperative following contact with a C. difficile patient to get rid of spores;
- You may still use alcohol after hand washing.

NEW ENGLAND BAPTIST HOSPITAL
HAND HYGIENE—Key Prevention Measure to Prevent Spread

Studies Showing Most Contaminated Surfaces with C. difficile

- Toilet Surface
- Commode
- Bed Rails
- Sink Surface
- Call Button
- Chair
- Bedpan
- Blood Pressure Cuffs