

Clean Hands are Healthy Hands!



Conway Elementary School

The Best Way to Wash Your Hands:

- Use warm water and liquid soap
- Rub hands together for at least 15 seconds, making lots of suds
- Rinse under warm, running water
- Dry hands with a paper towel
- Use the paper towel to turn off the faucet



**Baystate
Franklin Medical Center**

This message is brought to you by the Hand Hygiene Team at Baystate Franklin Medical Center, in partnership with students from Conway Elementary School, 2009.

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