

When evaluating change in mental status, consider*...

D	Drugs Dementia Discomfort	<ul style="list-style-type: none"> • BEERS Criteria (e.g., anticholinergic, benzodiazepines, hypnotics) OR dose change • Behavioral problems in dementia • Pain, insomnia, depression
E	Eyes Ears Environment	<p>Sensory deprivation; vulnerability to environment</p> <ul style="list-style-type: none"> • Glasses/Hearing Aids • Noise Level/Lighting
L	Low Oxygen States	Myocardial Infarction, Stroke, Pulmonary Embolus
I	Infection	Pneumonia, Sepsis, Symptomatic UTI, Cellulitis
R	Retention	Urinary retention, constipation • Check PVR, Rectal Exam
I	Ictal States	Seizure Disorder
U	Underhydration/Nutrition	Dehydration • Check BMP
M	Metabolic Causes	Low or high blood sugar, sodium abnormalities • Check BMP
S	Subdural Hematoma	Head Trauma

**Adapted from Saint Louis University Geriatric Evaluation Mnemonics Screening Tools
Additional copies available at macoalition.org/uti-elderly-tools*